

Recovery International Meetings - SATURDAYS

*Phone, Zoom, and Chat Meetings posted in Eastern time. Adjust for your timezone.
Community/In-Person meetings posted in geographical time zone where meeting is held.*

| Mtg Format | Day | Start Time | Time Zone | Description (Meeting info) | Leader | ID # |
|--|----------|------------|-----------|---|------------|-------|
| Community - In Person | Saturday | 10:00am | Eastern | Pleasant Hills United Methodist Church 13200 Bagley Road Middleburg Heights, OH 44130 Contact Russ (440) 759-7885 | Russell N. | 49947 |
| Phone - Assigned (Membership Required) | Saturday | 10:00am | Eastern | For further information or to register contact Gilda (352) 464-7232 - gilda@recoveryinternational.org | Mike J. | 24097 |
| Community - In Person | Saturday | 10:30am | Eastern | Starting Point 215 Highland Ave. Haddon Township, NJ 08108-2634 Contact Carl (856) 443-0740 | Carl S. | 22225 |
| Phone - Supplemental (Membership Required) | Saturday | 11:00am | Eastern | For further information or to register contact Gilda (352) 464-7232 - gilda@recoveryinternational.org | Laurie R. | 24096 |
| Zoom - Webinar | Saturday | 11:00am | Eastern | Register for the Zoom link: https://recoveryinternational-org.zoom.us/calendar/86981695475?oc=2023-01-07%2016%3A00%3A00&showType=1&startDate=2022-12-13&timeZone=America%2FDenver&mode=2 | Rexie B. | 53536 |
| Zoom - Community and Connection Gathering | Saturday | 12:00pm | Eastern | Meets the 3rd Saturday of each month. RI members are invited to a relaxed, supportive get-together. This hour-long Zoom gathering offers gentle social connection outside the structure of a formal meeting. Each month will include a light activity—such as trivia, a conversation prompt, or a simple group puzzle or game—where members can participate as much or as little as they choose. It’s a welcoming space to connect, unwind, and feel part of the community. (This is not a traditional RI meeting but a social gathering.) Register for Zoom link: https://recoveryinternational-org.zoom.us/meeting/register/9u7UxkSSSWWtMOpTFjibPTA#/registration | Steve F. | 64661 |

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|--------------------------|----------|---------|---------|---|--|-------|
| Community - In Person | Saturday | 12:00pm | Eastern | Fourteen Holy Helpers 1339 Indian Church Rd West Seneca, NY 14224 Contact Michele (716) 449-2255 | Michele P. | 22277 |
| Zoom | Saturday | 1:30pm | Eastern | Join via Zoom: https://www.zoom.us/join Zoom ID 890 2831 8163 and Passcode 1222 | Stefanos P./ Sharon W. | 22334 |
| Community - In Person | Saturday | 2:00pm | Eastern | Corpus Christi Church 19800 Pembroke Ave Detroit, MI 48219-2145 Contact Mary (248) 543-4432 | Mary F. | 22174 |
| Zoom | Saturday | 2:00pm | Eastern | Join via Zoom: https://us02web.zoom.us/j/88313514513?pwd=HVZCqkqTd4wgpSUxqNjKE5jC0wbtgV.1 Zoom ID: 883 1351 4513 Pwd: sharelove Contact: Stephan (310) 980-7038 or Derek (917) 913-1061 | Stephan F. | 24240 |
| Zoom - Peace with Eating | Saturday | 3:00pm | Eastern | Register for Zoom link: https://recoveryinternational-org.zoom.us/meeting/register/d1qH19cvQki_OD89ZrQVaA#/registration Contact Fran: (504) 939-1859 | Fran G./Lynn T./ Claire J./ Pamelah A. | 61877 |
| Zoom | Saturday | 4:30pm | Eastern | Contact David 415-948-9462, david@dwassociates.us for Zoom meeting ID | David W. | 22067 |
| Chat | Saturday | 5:00pm | Eastern | Join via Chatroom http://www.riselfhelp.com | John M. | 53613 |
| Zoom | Saturday | 5:00pm | Eastern | Register for the Zoom link: https://recoveryinternational-org.zoom.us/meeting/register/tZUvcOirrjsjEtfoZ4-cBV-tQXb1_SBitmMZ Contact: Christie (661) 340-3045 christielynndeclue@yahoo.com | Christie D./Harry B. | 22090 |
| Zoom | Saturday | 7:00pm | Eastern | Register for Zoom link: https://recoveryinternational-org.zoom.us/meeting/register/l_gCvR8WTaKC4A4xhm1Klw | Lisa S. | 61703 |

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|---|----------|--------|---------|---|-----------|-------|
| Phone - Special Focus Meeting for Grief (Membership Required) | Saturday | 7:30pm | Eastern | <p>Using the RI Method for Grief - When grieving a loss, you may not think that anything could be a triviality. We are not a grief group in the traditional sense that we are processing mourning. Rather, we focus on some trivial aspects of life after loss that can be handled using our RI cognitive behavioral tools. No matter who or what you are grieving, you are welcome to this group for a chance to gain some relief with everyday challenges of grief and loss.</p> <p>For more information and to register contact Gilda: 352-464-7232</p> | Debbie J. | 64574 |
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