Recovery International Meetings - **SUNDAYS**

Phone, Zoom, and Chat Meetings posted in Eastern time. Adjust for your timezone. Community/In-Person meetings posted in geographical time zone where meeting is held.

Mtg Format	Day	Start Time	Time Zone	Meeting info	Leader	ID#
Zoom	Sunday	11:00am	Eastern	Register for Zoom link https://recoveryinternational-org.zoom.us/calendar/86886755949?oc=2023- 01-01%2016%3A00%3A00&showType=1&startDate=2022-12- 13&timeZone=America%2FDenver&mode=2	Reona Z.	53520
Chat	Sunday	12:00pm	Eastern	Join via Chat link http://www.riselfhelp.com	John M.	53372
Phone - Supplemental (Membership Required)	Sunday	3:30pm	Eastern	For further information or to register contact Gilda (352) 464-7232 - gilda@recoveryinternational.org	JoAnn H.	1538
Phone	Sunday	4:00pm	Eastern	Phone Conference call Contact Maryanne for the dial in number: (203) 630-1870	Maryanne H.	22099
Zoom	Sunday	5:00pm	Eastern	Contact Barbara for Zoom meeting ID (916) 335-8836	Barbara S.	25160
Community - In Person	Sunday	5:00pm	Eastern	Infant Jesus Shrine (enter front door of BINGO hall - rt side of parking lot) 3452 Niagara Falls Blvd North Tonawanda, NY 14120 Contact: Phil (716) 343-0799	Phil F.	58107
Zoom	Sunday	7:30pm	Eastern	Join via Zoom https://www.zoom.us/join Zoom ID # 369-121-2023, Passcode: 709753 Contact Kim 609 313-9559	Kimberly P.	22330

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Zoom	Sunday	8:00pm	Eastern	Join with Zoom link: https://us02web.zoom.us/j/89847509434?pwd=bzJ5dUdDSTlhZTFsbUZLcjB5R1 hTUT09 Zoom ID: 898-4750-9434 password: sharelove Contact Stacie (310) 422-6123	Stacie D.	22059
Zoom - 12 Step People	Sunday	7:00pm	Eastern	Special Focus meeting - This group provides a safe and confidential space for anyone attending any 12 Step program to practice the RI Method. For those individuals interested in the benefits of utilizing both programs jointly, this meeting focuses on using the Recovery International 4-Step Method on issues related to working a 12 step program. Meetings last one hour and will open 10 minutes early - late arrivals will be unable to join. (If you are new to RI you might find it helpful to also attend a Newcomer Welcome meeting.) Register for Zoom Link: https://recoveryinternational-org.zoom.us/meeting/register/dHi0QM8uRoOLBMnT1uNmew#/registration	Joanne J.	62026
Zoom - Spot Your Progress (Supplemental Meeting)	Sunday	8:00pm	Eastern	Spot Your Progress for support and encouragement as you work to be accountable for your goals. Register for the Zoom link https://recoveryinternational-org.zoom.us/meeting/register/89IH-6E3Q-KKoX5w7RGzGA#/registration Contact: John at (727) 247-7657 To order the Spot Your Progress journal, go to this link: https://www.amazon.com/dp/B0DRK36PQ7?ref_=pe_93986420_774957520	John G.	61108
Phone - Literature	Sunday	9:00pm	Eastern	Focus on the reading and discussion of Dr. Low's Works Phone Number - 480-660-2224 Access Code 25632#	Michelle S.	54819