Mtg Format	Day	Start Time	Time Zone	Meeting info	Leader	ID#
				Sundays		
Phone - Supplemental (Membership Required)	Sunday	3:30pm	Eastern	For further information or to register contact Gilda (352) 464-7232 - gilda@recoveryinternational.org	JoAnn H.	1538
Phone	Sunday	4:00pm	Eastern	Phone Conference call Contact Maryanne for the dial in number: (203) 630-1870	Maryanne H.	22099
Phone - Literature	Sunday	9:00pm	Eastern	Focus on the reading and discussion of Dr. Low's Works Phone Number - 480-660-2224 Access Code 25632#	Michelle S.	54819
				Mondays		
Phone	Monday	11:00am	Eastern	Conference call number 605-475-6333 Access Code 3105063# Contact Margie (859) 331-2701	Margaret B.	22146
Phone - Supplemental (Membership Required)	Monday	1:00pm	Eastern	For further information or to register contact Gilda (352) 464-7232 - gilda@recoveryinternational.org	Christie V.	24083
Phone - Literature	Monday	7:00pm	Eastern	Focus on the reading and discussion of Dr. Low's Works Phone Number 480-660-2224 Access Code 25632#	Michelle S.	49101
Phone	Monday	7:00pm	Eastern	Contact Andrew (904) 521-6738	Andrew M.	24745
Phone	Monday	7:30pm	Eastern	Phone conference number: 267-807-9605 Access code: 308837# Contact Joyce (716) 438-1479	Joyce Z.	54797
Phone	Monday	7:30pm	Eastern	Via conference call Contact Julie (513) 382-0881	Julie S./Scott B.	22287
Phone - Assigned (Membership Required)	Monday	7:45pm	Eastern	For further information or to register contact Gilda (352) 464-7232 - gilda@recoveryinternational.org	Linda W.	24084

Phone	Monday	8:00pm	Eastern	Via conference call (716) 427-1128 Code: 753148# Contact David at 509-780-7323	David W.	24440
				Tuesdays	·	
Phone	Tuesday	11:00am	Eastern	Conference call number 605-475-6333Access Code 3105063# Contact Mike 502-681-8752 (Please leave a voice message)	Mike S.	22147
Phone - Literature	Tuesday	1:00 PM	Eastern	Focus on the reading and discussion of Dr. Low's Works Phone Number 480-660-2224 Access Code 25632#	Chrstine C.	61179
Phone - Supplemental (Membership Required)	Tuesday	5:30pm	Eastern	For further information or to register contact Gilda (352) 464-7232 - gilda@recoveryinternational.org	Peter B./ Paul C.	24085
Phone	Tuesday	6:00pm	Eastern	Phone Conference call Contact Rick (717) 236-3941	Rick R.	24033
Phone - Assigned (Membership Required)	Tuesday	7:00pm	Eastern	For further information or to register contact Gilda (352) 464-7232 or gilda@recoveryinternational.org	Gilda M.	60315
Phone	Tuesday	7:00pm	Eastern	The call in number is: (425) 436-6335 The access code is: 4868529#	Lloyd S.	22252

				Wednesdays		
Phone - Supplemental (Membership Required)	Wednesday	4:00pm	Eastern	For further information or to register contact Gilda (352) 464-7232 - gilda@recoveryinternational.org	Mary Ellen W.	50462
Phone	Wednesday	7:30pm	Eastern	Telephone Conference call Contact Rena 716-393-1934	Rena M.	55015
Phone - Supplemental (Membership Required)	Wednesday	9:15pm	Eastern	For further information or to register contact Gilda (352) 464-7232 - gilda@recoveryinternational.org	Shelley K.	24089
				Thursdays		
Phone - Supplemental (Membership Required)	Thursday	12:45pm	Eastern	For further information or to register contact Gilda (352) 464-7232 - gilda@recoveryinternational.org	John C.	24187
Phone - Literature	Thursday	4:15pm	Eastern	Focus on the reading and discussion of Dr. Low's Works Phone Number 480-660-2224 Access Code 25632#	Louise V.	24091
Phone - en Español/Spanish	Thursday	6:30pm	Atlantic	En espanol con teléfono Llame 701-801-6661 o llame Martiza (787) 462-7988	Maritza R.	50441
Phone	Thursday	7:00pm	Eastern	Contact Gregory 585-413-3373	Gregory S.	57830
Phone -Welcome Meeting for Newcomers	Thursday	7:00pm	Eastern	Introduction to the RI Method for Newcomers For further information or to register Contact Gilda @ 352-464-7232 Returnees are always welcomed.	Gilda M./Cam R.	1303
Phone - Assigned (Membership Required)	Thursday	7:30pm	Eastern	For further information or to register contact Gilda (352) 464-7232 - gilda@recoveryinternational.org	Jean P./Cliff B.	24092

Phone -	Thursday	8:45pm	Eastern	For further information or to register contact Gilda -	Leah S.	62029
Supplemental				352-464-7232 - gilda@recoveryinternational.org		
(Membership						
Required)						
				Fridays		
Phone	Friday	10:30am	Eastern	Conference call number (605) 475-6333Access Code 3105063#	Kelly O.	22289
				Contact Kelly 937-260-8508		
Phone - Assigned	Friday	11:00am	Eastern	For further information or to register contact Gilda (352) 464-7232 -	Linda W.	54600
(Membership				gilda@recoveryinternational.org		
Required)						
Phone -	Friday	12:00pm	Eastern	For further information or to register contact Gilda (352) 464-7232 -	Debbie J.	24095
Supplemental	<u> </u>			gilda@recoveryinternational.org		
(Membership						
Required)						
Phone	Friday	3:45pm	Eastern	The call in number is: (425) 436-6335	Steven S.	58648
				The access code is: 4868529#		
Phone - RIPP	Friday	7:30pm	Eastern	Find support for dealing with physical symptoms from a chronic condition.	Shelley K.	49908
Physical Problems				Types of conditions attendees have may include auto-immune diseases,		
(Membership				physical injuries, back pain, Osteoporosis or severe arthritis, and others.		
Required)				For further information or to register contact Gilda (352) 464-7232 -		
				gilda@recoveryinternational.org		
Phone -	Friday	7:30pm	Eastern	For further information or to register contact Gilda (352) 464-7232 -	Diana S.	24093
Supplemental				gilda@recoveryinternational.org		
(Membership						
Required)						

Saturdays							
Phone - Assigned	Saturday	10:00am	Eastern	For further information or to register contact Gilda (352) 464-7232 -	Mike J.	24097	
(Membership				gilda@recoveryinternational.org			
Required)							
Phone -	Saturday	11:00am	Eastern	For further information or to register contact Gilda (352) 464-7232 -	Laurie R.	24096	
Supplemental				gilda@recoveryinternational.org			
(Membership							
Required)							