From the President & CEO

In looking back at 2018 and looking forward to 2019, we see that 2018 was a time of assessment and preparation. The coming year will be one of change.

In 2018 we conducted a survey to get a sense of what impressions people had of the current state of affairs. The results showed gratitude for the role Recovery International has had in their own lives, but concern about its future. Trends of declining meeting attendance, outdated materials, and an aging population of leaders are evident throughout the US and abroad.

The truth of the matter is, we cannot continue the way we have in the past—drastic changes are needed in order for RI to survive long enough to evolve and serve the next generation. Many people have offered good suggestions about marketing, re-vamping materials and creating ways to introduce RI to younger people.

We are working on these ideas and developing new strategies, but it takes time and funding. We are seeking new grants and gifts to make new initiatives possible. But—imagine new books and e-books, or an app with spots and tools! Imagine the Power to Change program for young people available to schools and youth groups across the country. Imagine more webinars and online meetings.

Another key component to success in today’s society is partnerships. RI needs to be more visible among other mental health organizations; we need to collaborate on programs and activities in order to reach new audiences. These are some of the possibilities—new ways we can help people achieve better mental health.

Endorse.

Joanne Lampey, President
Board of Directors

Sandra K. Wilcoxon
Chief Executive Officer
It saved my life. I am becoming more self-forgiving.

life-changing I found a renewed inner strength. making my mental health a priority. peace restored a lot of joy to my life! transformed my life... I see the effects on loved ones... they don’t have to worry about me anymore like they did. My family trusts me today. helped me to understand my condition and manage it. turning point tools to put events or situations into perspective. It saved my life. I am becoming more self-forgiving.

2018 Financial Year in Review

Below are the financial reports for the year. We continue to operate on a very tight budget, with a dedicated, hard-working staff and hundreds of volunteers. What a one-year snapshot doesn’t show, however, is the declining trend of meeting contributions—once the largest and steadiest source of revenues for Recovery International. The board is monitoring this, and we are seeking new ways to diversify our financial base through increased fundraising, grantwriting and sales revenues.

Hal Casey, Treasurer

Balance Sheet (Pre-audit numbers)

<table>
<thead>
<tr>
<th></th>
<th>Current Liabilities</th>
<th>Equity</th>
<th>Total Liabilities &amp; Equity</th>
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<tr>
<td>Current Liabilities</td>
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<tr>
<td>Equity</td>
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</tr>
<tr>
<td>Total Liabilities &amp; Equity</td>
<td></td>
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</tbody>
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Revenues

Area Revenues* $88,680
Meeting Contributions $179,582
Grants & Donations $316,466
Memberships & Sales $99,370
Volunteer Time $1,243,228
Total $1,927,326

Expenses

Fundraising $65,187
General & Admin $224,136
Programs $1,631,049
Total $1,920,372
Net $6,954

*One-time transfer of funds
Thank You to our Donors!

Members and donors are critical to our success. We rely on contributions, memberships, gifts and grants to operate. This support ensures that no one is turned away due to inability to pay. We especially wish to acknowledge our major donors of $500 and above:

**Platinum Patrons**
- Phyllis Berning
- Estate of Margaret Ellen Ferry
- C. Guyon
- Estate of Saul Haber
- Estate of Irene Scheffler
- Peter Sommers

**Gold Patrons**
- Anonymous Individuals
- Judith Bakke
- Thomas Burt
- Patrick J. McCormick

**Silver Patrons**
- Ronald Mouw
- Mike Polizi
- Rudolph Pruden
- Janice Ritland
- Estate of Margit Sarne
- Mark Zausmer

**Bronze Patrons**
- Anonymous
- Michael F Agin
- Judith Bassette
- Lorie Call
- Gary Collier
- Frances Georgeson
- Emily Gross
- Jamison and Kelly L. Jones
- Vivian Kline
- Dale Lombardo
- Alice Megna
- Joan and Gerard Nobiling
- John Pendergrass
- Sheila Rabel
- Sandra Wilcoxon

**Organizational Donors & Partners**
- Anonymous Foundation
- California Mental Health Systems Authority
- Community Research Foundation
- B.P. Lester and Regina John Foundation
- Life Generations Healthcare
- Mental Health Systems

2018 Recovery International Conference

The highlight of 2018 was the conference held near Chicago in October. More than 85 participants from 13 states and Ireland, Canada and Puerto Rico attended. We offered workshops, presentations and activities designed to inspire and inform. Best of all was the opportunity to interact and share experiences with others.
2018 Year in Review

How many lives did we touch in 2018? How many people did we help? The answer is... attendance at meetings totaled 82,657 last year! This includes meetings in 36 states, plus Washington DC, Puerto Rico, Canada, Ireland, Israel and India—that we know of!

Our mission is to help people live more peaceful and productive lives, using the tools developed by Dr. Abraham Low. More than 480 Area Leaders, Group Leaders and Assistant Leaders make this possible by volunteering their time to run meetings, distribute literature and promote RI at information fairs.