



# Telephone Meetings

## CURRENT TELEPHONE MEETING SCHEDULE

**“Peers Helping Peers Achieve Mental Health”**

Recovery International (RI) telephone meetings are designed to introduce individuals to the Recovery Method and/or for those who are unable to attend RI community-based meetings in person due to distance, illness or other challenges. Phone meetings are accessed at participant’s own expense. Phone meetings last from 60 to 90 minutes. Participants are asked to attend on time and to remain on the call for the duration of the meeting if possible. Line opens 5 minutes prior to scheduled time shown.

### NEWCOMERS: INTRODUCTION TO THE RI METHOD TRAINING SERIES

*(Membership is not required to attend the Introduction to RI Meetings.)*

Intro training meetings are an opportunity for newcomers to learn the RI Method through explanation, demonstration and practice. To receive the Intro phone number and access code **please call Gilda at 352-464-7232**. Phone number and access code will not be shared via email. When leaving a message please provide your full name, state or country and phone number.

### LITERATURE MEETINGS AVAILABLE TO ANYONE:

There are no examples given, rather the Literature meetings focus on the reading and discussion of the works of Dr. Abraham A. Low. This Meeting is also useful for people with visual impairment or are reading challenged.

### PAID MEMBERS ONLY MEETINGS:

*For Those Persons Holding a Current Paid Membership in R.I. (\$35.00 per year) and meet the following requirements:*

**Supplemental Meetings:** Current active R.I. telephone meeting participant who has attended the Introduction to R.I. weekly meetings and understands the basic R.I. Method.

**Assigned Meetings:** Current active participant on R.I. Supplemental meetings and has demonstrated a thorough knowledge of the R.I. Method.

*For questions about your current membership or for interest in RI Assigned, Supplemental or Special Focus group meetings please e-mail: [gilda@recoveryinternational.org](mailto:gilda@recoveryinternational.org).*

#### TRADITIONAL ASSIGNED

**MEETINGS:** Small closed group meetings allowing for increased participation and practice.

#### SUPPLEMENTAL MEETINGS:

Additional RI traditional meetings. Focus on reading, examples and mutual aid. Members may attend as many as desired.

#### SPECIAL FOCUS MEETING:

**RIPP:** Assigned meeting using the RI method for persons with chronic health problems.

**\*All meeting times are listed in the Eastern Time Zone. Adjust times as needed to fit your time zone.**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				Intro to RI Training Series 7:00 pm		
Supplemental 3:30 pm	<b>Open:</b> Literature Meeting 7:00 pm 1-605-475-6333 Access Code 25632#			<b>Open:</b> Literature Meeting 4:15 pm 1-605-475-6333 Access Code 25632#	Supplemental 12 Noon	Supplemental 11:00 am
Supplemental 10:00 pm	Supplemental 12 Noon	Supplemental 5:30 pm	Supplemental 9:15 pm	Supplemental 12:45	Supplemental 7:30 pm	Supplemental 7:30pm
Assigned: Traditional 7:30 pm	Assigned: Traditional 7:30 pm	Assigned: Traditional 3:30 pm	Assigned: Traditional 7:45 pm	Assigned: Traditional 7:30 pm	Assigned RIPP 7:30 pm	Assigned: Traditional 2:00 pm